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## *Peace Bag for EuroMed Youth*

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### **Training Seminar and Write-Shop on Peace and Intercultural Understanding in Youth Work**

Vilanova i la Geltru, Barcelona, Spain  
25 February - 4 March 2010

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## **INFORMATION GUIDE FOR PARTICIPANTS**

Dear participant,

Please read this message carefully. This document contains important logistical information for your participation in the Training Course, where important procedures and directions are outlined. Please do not hesitate to contact Kaisa Oim at [peacebageuomed@catalunyavoluntaria.cat](mailto:peacebageuomed@catalunyavoluntaria.cat) with any questions.

This information guide covers the following:

1. Practical Information + Important Numbers
2. Arrival and transportation in Barcelona (Vilanova i la Geltru)
3. Venue and Accommodation in Vilanova i la Geltru
4. Weather and other reminders.
5. Travel Reimbursements

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### **Practical Information**

#### **IMPORTANT NUMBERS TO REMEMBER =>**

TC Peace Bag for EuroMed Youth Team

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Kaisa Oim (participants/logistics)	+34 654607908

#### **Barcelona : Facts and Figures**

- Country: Spain / España
- Region: Catalonia / Catalunya
- Area: 485 square kilometres / 187 square miles
- Population: 1.5 million in the city, 41 million in Spain
- Language: Castilian Spanish and Catalan – also an official language
- Currency: Euro (EUR) €
- Time zone: 1 hour ahead of Greenwich Mean Time (GMT) (GMT+2 in the summer)
- Country dialling code: +34 / Telephone area code: 93
- Electricity: 220 volts, 50 Hz - round two-pin plugs are used

## Vilanova i la Geltrú

Vilanova i la Geltrú is in the province of Barcelona, Catalonia, Spain, with a growing population of approximately 62,000. A major Catalanian fishing port, the town is situated approximately 40km south-west of Barcelona, with the more famous coastal resort of Sitges some 10km to the north-east. The town has a long and colourful history, reaching its heyday during the Romantic period.

For more information about the city (Vilanova i la Geltrú):  
<http://www.vilanovageltru.com/> (tourism, leisure and services)  
<http://www.vilanova.cat/> (official website, in Catalan)  
<http://www.vilanovaturisme.net/es/html/ones/home.htm>

## Transportation

### Arrivals

All TC participants should arrive Barcelona by February 25, 2010. Participants will be met at the TRAIN STATION in Vilanova i la Geltru by representatives of the TC Peace Bag for EuroMed Youth Team. Unless otherwise agreed, participants will need to make their own arrangements for transportation from the airport to the said meeting place.

### Getting there

Barcelona is serviced by 3 airports, all having direct buses to Barcelona city center.

1) **Barcelona - BCN** (El Prat) – main airport, 10km from the city center (there are direct buses from El Prat to Plaça Catalunya in the city center (one way €5), you can also take the train from Terminal 2 (1.40€/way)

2) **Girona – GRO** (Costa Brava) – 91km from Barcelona (there are direct buses from Girona airport to Barcelona Nord, that takes about 1 hr 15min. (one way €12, return €21)  
[http://www.sagales.com/pubdocs/1509\\_aeroport-girona-costa-brava--barcelona-%28estacio-nord%29-2009-11-30.pdf](http://www.sagales.com/pubdocs/1509_aeroport-girona-costa-brava--barcelona-%28estacio-nord%29-2009-11-30.pdf)

3) **Reus – REU** - 110km from Barcelona (there are direct buses from Reus airport to Barcelona Sants Station, that takes about 1 hr 30min. (one way €12.50, return €22)  
<http://www.reus-tourist-guide.com/en/airport/reus-airport-to-barcelona.html>

### ***From Barcelona airport (El Prat) to Vilanova i la Geltru***

***Check whether you arrive at Terminal 2 or Terminal 1 (NEW AIRPORT). If you arrive from Terminal 1, take the free shuttle to Terminal 2 where you can take both the bus and the train to Vilanova.***

**By bus (From Terminal 2):** Take the bus company **MONBUS**. The bus stop is at the end of the walkside of the airport. This bus passes every hour at 00 :40. You need to get off at the bus stop (and also train station) of Vilanova i la Geltru. Once you are at the train/bus station, please give us a call.

**By train (From Terminal 2):** At the terminal A of the airport you will find a walkway leading you to the train station (Ferrocarril). Take the train to the next station **El Prat de Llobregat**, where you will change trains. Go to the other platform and take the train that goes to the direction **Vilanova i la Geltru** or **St. Vicenç de Calders**.

Trains from the airport (**Aeroport**) to **El Prat de Llobregat** leave every 30 mins (00:08 and 00:38)  
 Trains from **El Prat de Llobregat** to **Vilanova i la Geltru** leave every 20 mins.

**From Barcelona City Center to Vilanova i la Geltru**

If you are coming from Barcelona city center and not from the airport mentioned above, you have to take the train from either **Passeig de Gracia** or **Barcelona Sants Station**. Take the trains toward the direction of **Vilanova i la Geltru** or **St. Vicenç de Calders**. The train runs 3-4 times every hour and takes around 45mins. One way tickets costs **€3.00**. (Please keep your tickets for reimbursements).

**REMEMBER: VILANOVA I LA GELTRU TRAIN STATION MEETING POINT**

All participants will be picked-up at the train station in Vilanova I la Geltru and will be brought to the venue, which is around 8 minutes by foot. Please inform us beforehand when to expect you, or when you are on your way to the station. Feel free to walk straight to the venue (see attached map from the station-venue).

**Important:** The bus station and train station in Vilanova i la Geltru are in the same location.

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**Venue and Accommodation**

**MOLÍ DE MAR**

**Address: Cami Sant Cristofor s/n 08800 VILANOVA I LA GELTRÚ (BARCELONA-SPAIN)**



\*All participants will be staying at the venue provided by the organisers.

\*\*Room arrangements will be made available upon arrival at the venue.

\*\*\* See attached map with walking directions from the Vilanova train station to

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## Weather

Barcelona's location on the shores of the Mediterranean means that it enjoys a warm, welcoming climate and pleasant temperatures all year round. Average temperature from February to March is around 13°C. In any season of the year, Barcelona basks with plenty of sunshine. You can eat in open-air restaurants or have a drink on the terraces, by the shores of the Mediterranean sea. Light showers and cloudy days are always a possibility. Since we are still in the winter season, bring a coat and scarf to keep yourself warm.

## Health and Safety

- There are no health precautions/vaccines required to enter Spain.
- While in Barcelona, take care of your belongings! Do not leave your bags unattended. Petty theft does occur, such as pick-pocketing and stealing, particularly downtown. It is always smart to hold onto one's purse or to wear a bag that has a strap over the shoulder.

## What to Pack

- Comfortable clothes and shoes, coat to keep you warm, and semi-formal wear for the Anna Lindh Forum
- Information materials about your organizations (brochures, leaflets, publications, etc) There will be an organisational fair during the training.
- Food/drinks/games/national dress/national flag/souvenirs - to represent your country for the EuroMed night
- Swimming clothes and sunblock lotion if you are willing to brave the cold Mediterranean sea!

## Before departure:

- Print your visa letter, invitation letter and return ticket.
- Be sure to inform Kaisa Oim of your travel schedule so we can follow up accordingly.
- Check that you have everything you need for the meeting in Barcelona (brochures, business cards, etc)
- Be sure to bring emergency contact numbers with you.
- **Remember to keep all your receipts, tickets and boarding passes for reimbursements.**

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## Travel Reimbursements

Please provide your full travel details by filling out the **travel form** and sending it to us prior to your arrival. Kindly tell us beforehand when you are expected to arrive Vilanova i la Geltru so we can prepare a schedule of pick-ups. Inform us if you are arriving after bus service hours so we can make arrangements.

The organizers will **NOT** cover these costs: expenses outside Barcelona; expenses and meals during travel; additional expenses such as hotels, telephone calls, internet, faxes; any expenses related to extended stays before or after the Training Course (unless otherwise agreed beforehand). **We will not reimburse taxi cab expenses.**

If you must spend a night extra before or after, please confirm with the organizers in advance. With a limited program budget, we will strictly treat incidentals on a case-by-case basis.

**REMEMBER!** Please keep with you all receipts and tickets for local travel (from the airport to Vilanova).  
**No receipts = No reimbursements.**

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**For questions and clarifications, don't hesitate to contact us.  
See you all soon!**

*- your team eager to welcome you in Barcelona :)*